



Vicky's Trail, Nakusp, Mitch Winton photo

# THE KOOTENAY ROCKIES IS BRITISH COLUMBIA'S MOUNTAIN PLAYGROUND

THESE SUGGESTED ROAD TRIPS HIGHLIGHT MANY OF THE AREA'S ATTRACTIONS & ACTIVITIES. BUT THERE IS SO MUCH MORE TO DISCOVER!

Incomparable scenic beauty is waiting to be explored around every corner. Crystal clear rivers, lakes and waterfalls, beaches, mineral hot springs, alpine meadows and snowcapped mountains.

Outdoor adventures here are epic. The area is one of Canada's pre-eminent destinations for hiking, mountain biking and whitewater rafting.

And, there are all kinds of wonderful attractions; visit restored heritage towns, a grizzly bear refuge, quaint wineries and so much more – the area abounds with things to do such as mountain coasters for an exhilarating ride of twists and turns, ziplines and aerial parks, Via Ferratas, Canada's highest suspension bridge and the list goes on and on.

The best way to experience the region's attractions and activities is by open road.

VIEW THE DETAILED ITINERARIES FOR THESE ROAD TRIPS AND MORE ONLINE AT [KRROADTRIPS.CA](http://KRROADTRIPS.CA).

Enjoy all this mountain playground has to offer; each community has its own story to tell. The Kootenay Rockies welcomes you!



Photos top left to bottom right: Rocky Mountain, Ashley Vorkin; St. Eugene Golf Resort Casino | Mitch Winton  
EV Charger, Fernie | Mitch Winton  
Astrana of Crawford Bay | Field and Forest

## MOUNTAINS & VINEYARDS



Buller-Graham Estate Winery | Keri Medig photo  
Macbeth Icefield | Keri Medig photo

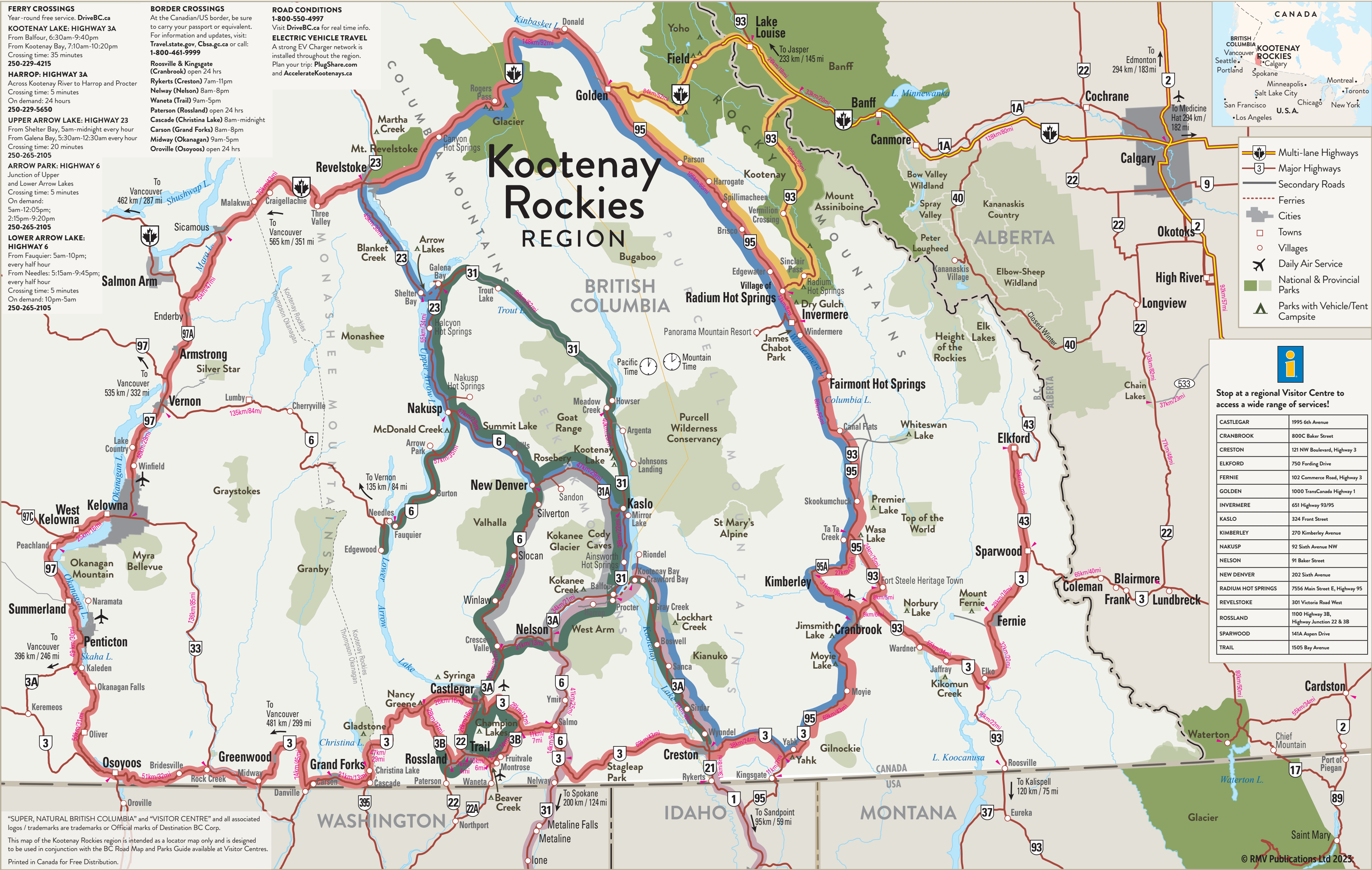
Approx 1,400 km / 870 mi

The interior of British Columbia is abundant with rich landscapes teeming with diversity. Lakes, mountains, deserts, valleys and exciting urban centres are ripe for exploration. For its length and limitless opportunities, the Mountains & Vineyards route reigns supreme. Discover pristine orchards, beautiful vineyards that hug the rolling hills and family-run farms. Taste the bounty of this fertile land and settle into a mountain resort where wine tastings, locally-inspired foods and adventure activities abound.

**FERRY CROSSINGS**  
Year-round free service. [DriveBC.ca](http://DriveBC.ca)  
**KOOTENAY LAKE: HIGHWAY 3A**  
From Balfour, 6:30am-9:40pm  
From Kootenay Bay, 7:10am-10:20pm  
Crossing time: 35 minutes  
**250-229-4215**  
**HARROP: HIGHWAY 3A**  
Across Kootenay River to Harrop and Procter  
Crossing time: 5 minutes  
On demand: 24 hours  
**250-229-5650**  
**UPPER ARROW LAKE: HIGHWAY 23**  
From Shelter Bay, 5am-midnight every hour  
From Galena Bay, 5:30am-12:30am every hour  
Crossing time: 20 minutes  
**250-265-2105**  
**ARROW PARK: HIGHWAY 6**  
Junction of Upper and Lower Arrow Lakes  
Crossing time: 5 minutes  
On demand:  
5am-12:05pm;  
2:15pm-9:20pm  
**250-265-2105**  
**LOWER ARROW LAKE: HIGHWAY 6**  
From Fauquier: 5am-10pm;  
every half hour  
From Needles: 5:15am-9:45pm;  
every half hour  
Crossing time: 5 minutes  
On demand: 10pm-5am  
**250-265-2105**

**BORDER CROSSINGS**  
At the Canadian/US border, be sure to carry your passport or equivalent. For information and updates, visit: [Travel.state.gov](http://Travel.state.gov), [Cbsa.gc.ca](http://Cbsa.gc.ca) or call: **1-800-461-9999**  
**Rooseville & Kingsgate (Cranbrook)** open 24 hrs  
**Rykerts (Creston)** 7am-11pm  
**Nelway (Nelson)** 8am-8pm  
**Waneta (Trail)** 9am-5pm  
**Paterson (Rossland)** open 24 hrs  
**Cascade (Christina Lake)** 8am-midnight  
**Carson (Grand Forks)** 8am-8pm  
**Midway (Okanagan)** 9am-5pm  
**Oroville (Osoyoos)** open 24 hrs

**ROAD CONDITIONS**  
**1-800-550-4997**  
Visit [DriveBC.ca](http://DriveBC.ca) for real time info.  
**ELECTRIC VEHICLE TRAVEL**  
A strong EV Charger network is installed throughout the region. Plan your trip: [PlugShare.com](http://PlugShare.com) and [AccelerateKootenays.ca](http://AccelerateKootenays.ca)



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This map of the Kootenay Rockies region is intended as a locator map only and is designed to be used in conjunction with the BC Road Map and Parks Guide available at Visitor Centres.  
Printed in Canada for Free Distribution.

## WEST KOOT ROUTE



Approx 680 km / 425 mi

Quiet roads that twist through the heart of the British Columbia wilderness. Dense forests that yield to rising rock and glacier-scoured summits where only the bravest mountaineers have ventured. A place to be respected and admired. Stunning backcountry beauty is around every corner on the West Koot Route. Soak it in. Stop for a hike, paddle a perfect lake, try a heart-racing outdoor activity, dip into an unparalleled culinary scene – find your little patch of paradise in the West Kootenay.

## SILVERY SLOCAN



Approx 215 km / 135 mi

Journey into the wild-west past when bars and brothels, saloons and silver, ruled the day. Wander through pristine forests, bike along scenic single-track, hike through an alpine meadow filled with wildflowers and visit an ancient ghost town – rich with mine ruins, an eclectic museum and turn-of-the-century buildings – that beckons anyone with a taste for adventure. End your day by easing into a lakeside town where cool cafés, streetside markets and renowned restaurants will give you a taste of this region's famous mountain culture.

## SELKIRK LOOP



Approx 450 km / 280 mi

Remote, culture-rich towns that cling to their old-world charm. Hidden waterfalls. Adventures on a zipline, mountain bike and watercraft. The International Selkirk Loop crosses the border but the mantra is the same – explore and experience until your heart is content. Discover eclectic art galleries, vibrant mountain towns, stunning turn-of-the-century architecture, gourmet dining, live music and festivals – all wrapped in an authentic, out-there vibe that can only be found on this multi-national scenic drive.

## GOLDEN TRIANGLE



Approx 315 km / 195 mi

Lined with soaring, jagged mountains, the Golden Triangle features some of the most scintillating scenes in Canada. Enjoy never-ending views of the Columbia Valley Wetlands (one of the longest intact wetlands in North America), tour Kootenay and Yoho national parks where rushing rivers, emerald lakes and sky-high peaks dominate the landscape and experience Canada's highest suspension bridge and more at Golden's must-visit attraction. Afterwards, unwind at a timber-framed mountain lodge, refuel with a gourmet meal and relax by the crackling fire.

## HOT SPRINGS



Approx 800 km / 500 mi

Wedged into the rocky and remote creases of these stunning mountains are wonderful natural hot springs that soothe, inspire and rejuvenate. Driving along quiet, tree-lined lakeshores where rustic resorts, historic silver-rush towns, natural caves and backcountry trails leave a lasting impression. Venture into this therapeutic wilderness on bike, on foot or in a kayak – then relax in warm, mineral rich water at some of the most enticing natural hot springs pools in British Columbia.





# KOOTENAY ROCKIES

## ROAD TRIPS



# KOOTENAY ROCKIES

## WINTER EXPERIENCES MAP



POWDERHIGHWAY.COM

# THE KOOTENAY ROCKIES IS BRITISH COLUMBIA'S POWDER HIGHWAY

Not much tops skiing and riding down a gorgeous, pine-lined run with deep pillow-soft powder beneath your feet. The Kootenay Rockies' Powder Highway, an adventure-filled corridor that's peppered with world-class resorts and lodges, is more than just the epic skiing and boarding.

Snowshoeing, fat biking, skating and snowmobiling are just some of the legendary adventures when it comes to off-piste activities. The Powder Highway is your road to winter - discover the myriad of winter experiences.



## ALPINE RESORTS

- Fairmont Hot Springs Resort
- Fernie Alpine Resort
- Kicking Horse Mountain Resort (Golden)
- Kimberley Alpine Resort
- Panorama Mountain Resort
- RED Mountain Resort (Rossland)
- Revelstoke Mountain Resort
- Whitewater Ski Resort (Nelson)



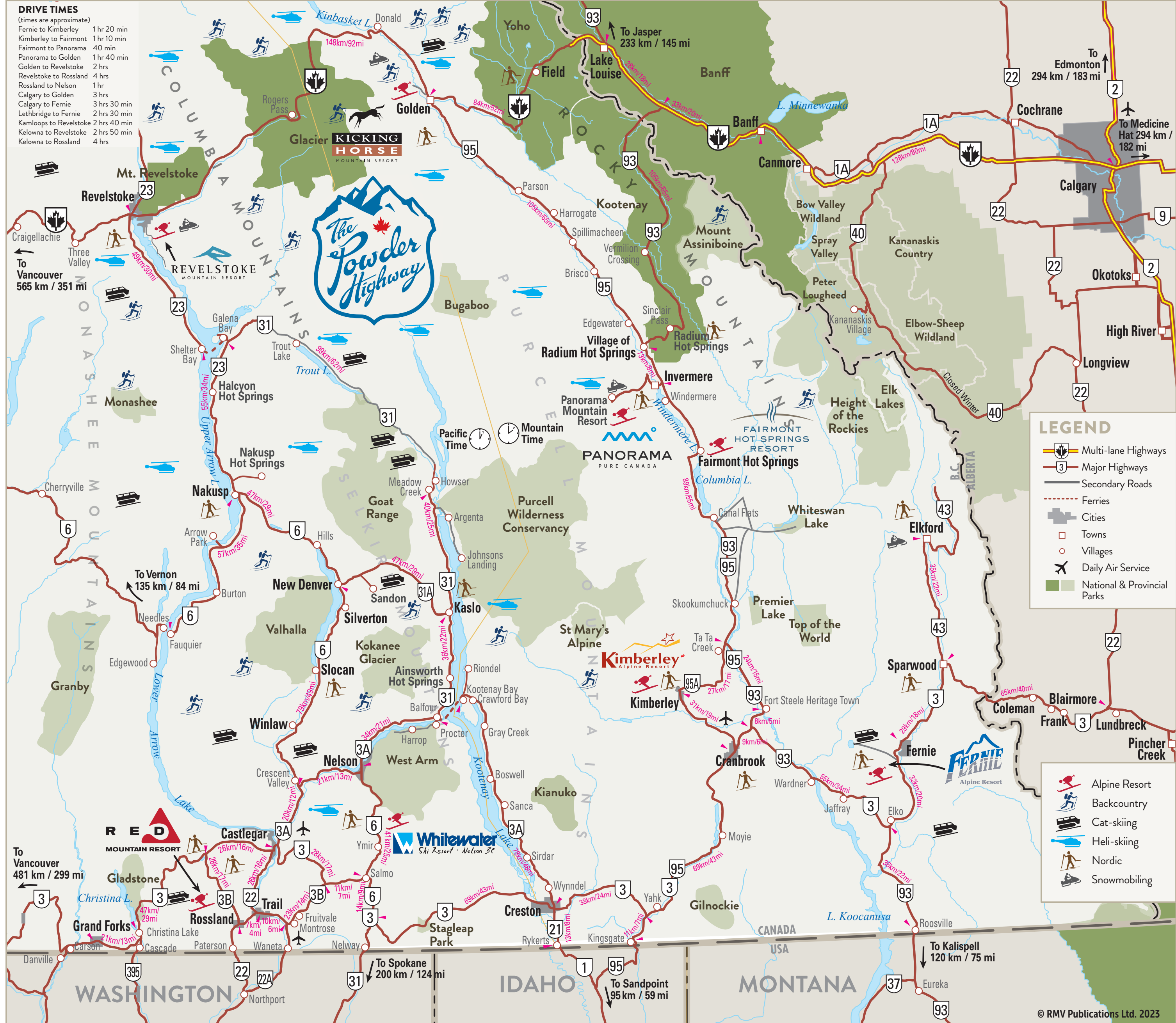
## CAT-SKIING

- Baldface Lodge (Nelson)
- Baldface Valhalla (Slocan)
- Big Red Cats (Rossland)
- Chatter Creek (Golden)
- Fernie Wilderness Adventures
- Gostlin Keefer Lake Lodge (Cherryville)
- Great Northern Snowcat Skiing (Trout Lake)
- Island Lake Catskiing (Fernie)
- K3 Cat Ski (Revelstoke)
- Monashee Powder Snowcats (Revelstoke)
- Mustang Powder (Revelstoke)
- Retallack Lodge (New Denver)
- Selkirk Snowcat Skiing (Meadow Creek)
- White Grizzly (Meadow Creek)



## HELI-SKIING

- CMH Heli-Skiing (10 Locations)
- Eagle Pass Heliski (Revelstoke)
- Great Canadian Heli-Skiing (Golden)
- Kingfisher/Elven Experience (Revelstoke)
- Mica HeliSkiing (Revelstoke)
- RK Heli-Ski Panorama (Invermere)
- Selkirk Tangiers Heli-Skiing (Revelstoke)
- Snowwater Heli-Skiing (Slocan)
- Stellar Heli-Skiing (Kaslo)



## BACKCOUNTRY

Thousands of hectares of unspoiled, uninhabited terrain in the Kootenay Rockies is a huge draw for adventurers. Backcountry lodges nestled deep in the mountains include cozy and luxurious retreats, ski touring to a self-catered cabin or a lodge-to-lodge expedition. A number of certified guides offer guiding services, ski touring holidays and courses.



## NORDIC

Thanks to numerous communities boasting networks of groomed trails for skate and classic skiing, recreational cross-country skiing is one of the region's prized pastimes. Nipika Mountain Resort is a Nordic ski mecca with 50 km of groomed trails (classic & skate) and 25 km of dedicated fat bike trails. Whether you are gliding effortlessly or poling through the pines, rest assured - your free heel is a free heart.



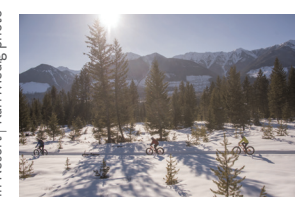
## SNOWSHOEING

Not many sports are as easy to get into as snowshoeing. And not many regions are as perfect for pouncing through powder as the Kootenay Rockies. Trails are, literally, everywhere. Fun for the whole family, spectacular views, great exercise, limited gear, inexpensive, go on your own or take a guided tour.



## SNOWMOBILING

'A sledding paradise' is how snowmobiling enthusiasts describe the region. While hot spots such as Revelstoke, Elkford, Golden and Panorama immediately come to mind, the options of where you can go are limitless. From exploring remote snow-smothered valleys to blazing trails to a cabin-in-the-woods or high-alpine powder bowls, snowmobiling here is world-renowned.



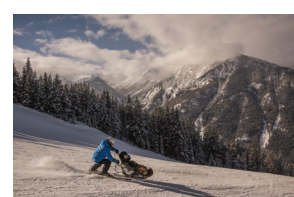
## FAT BIKING

Thanks to fat bikes with big low-pressure tires that glide over packed snow trails, there's no need to stop pedaling in winter. Awesome winter riding is yours for the taking, in and around communities. Many offer primary areas for fat biking where trails are groomed and maintained, and also offer terrain for various riding skill levels. These trails also attract hikers, skiers and snowshoers. Rentals and guided options are available.



## SKATING

Whoever thinks skating isn't an adventure hasn't put on blades and cruised around the famous Lake Windermere Whitewater. This 34 km (21 mi) of maintained ice (you can also cross-country ski around it) is the longest skating path in the world. Not surprisingly, it continues to grow in popularity every year. Almost all Kootenay Rockies communities, and many resorts, host skating rinks.



## ADAPTIVE SPORTS

Tour the region, the communities and the accessible activities they offer. Resorts have runs and terrain suitable for all alpine disciplines, in fact, a number of resorts offer ski instruction and guides for guests with special needs. Discover barrier free adventure year-round. Check [AccessibleBC.ca](http://AccessibleBC.ca), [KootenayAdaptive.com](http://KootenayAdaptive.com), [HelloBC.com](http://HelloBC.com) and [KootenayRockies.com](http://KootenayRockies.com) for more accessible trip planning information.



## Kootenay Rockies Tourism

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